

NCQA Certified HRA Included in Your Bravo Program

Lifestyle Health Risk Assessment
Powered by Wellsource, Inc.

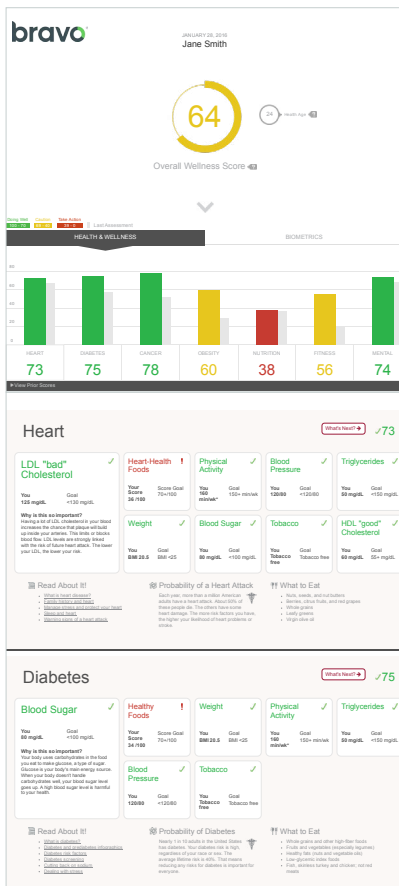
Help your population understand their health status and risks with an evidence-based lifestyle HRA.



Personalized Experience

An interactive and intuitive design uses logic to adjust content with each successive response, allowing the individual to only see the questions that are relevant to them. Immediately after completing the lifestyle HRA, the participant receives two reports:

1. Personal Report: describes the impact of each risk factor on their health and presents an overall wellness score. It allows the participant to see at a glance how healthy they are, areas where they are doing well, and any risk factors for preventable disease. It also explains simple ways that healthy habits can be incorporated into their daily routine. The participant has easy access to tools and resources to help improve their health.



Personal report sample

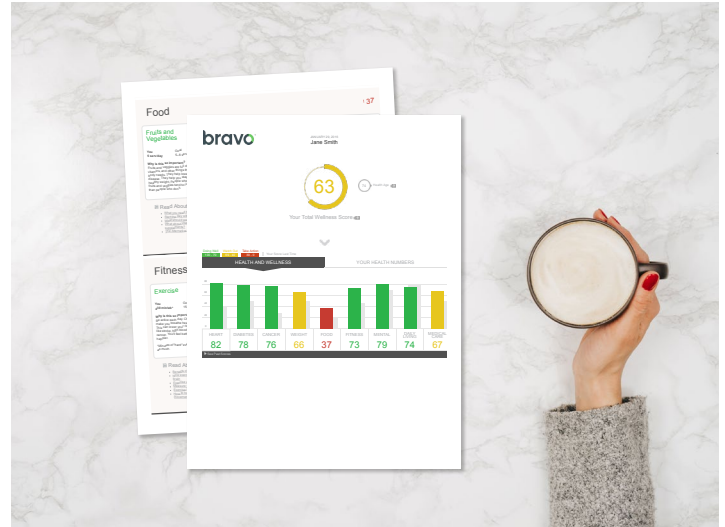
The personal report is organized into seven key areas:

- ▶ Heart health
- ▶ Cancer prevention
- ▶ Diabetes prevention
- ▶ Obesity prevention
- ▶ Nutrition
- ▶ Fitness
- ▶ Mental & emotional
- ▶ Health

2. Physician Summary Report: a drilled down version of the personal report that can be easily printed and taken to a medical appointment.

Lifestyle HRA at a Glance

- ▶ Available online or in paper form
- ▶ Takes less than 15 minutes to complete
- ▶ Biometric results from the participant's recent health screening are automatically populated into the HRA
- ▶ The personal report and the physician summary report automatically download upon completion of the HRA
- ▶ Clients can add either their logo or their program logo to the HRA



The Lifestyle HRA, powered by Wellsource, brings nearly four decades of experience.

It is NCQA certified and compliant with the latest privacy requirements of the Health Insurance Portability & Accountability Act (HIPAA), including the HITECH amendments and the Genetic Information Nondiscrimination Act (GINA). It is available in English, Castilian Spanish, North American Spanish and Arabic.

For your population 65 and over, consider the Lifestyle HRA for Medicare that focuses not just on physical health but also on emotional and mental well-being. It evaluates all 37 elements defined by CMS and the Affordable Care Act, and with its NCQA certification, it meets the Member Connections standard for MEM 1 and the highest quality standards for wellness and health.

LET'S TALK

Toll-Free 877.662.7286

Sales Inquiries sales@bravowell.com

Support/Help support@bravowell.com