# **Bravo Health Engagement Portal**

## **Features List**





## Communications

Access to program specific communications such as plan design, results letter, FAQ's and more.



### Reminders

Ongoing text and email reminders about important program information and events.



### Easy Steps

Simple steps to navigate through program registration, scheduling a screening, completing an HRA and more.



#### Incentives

View program goals and incentives and track improvement, appeals/alternatives and earned discounts.

- Sync Fitness Device
- Healthy Recipes
- Online Coaching Courses:
  Weight Management, Smoking
  Cessation, Stress Management,
  Diabetes Management, Alcohol
  Dependence, Exercise Routines
- Library of fitness videos lead by trainers
- Easy Screening Scheduler & Appointment reminders
- Easy-to-read screening results page
- Simplified appeals process
- Messaging center for direct contact with health coach
- Bi-lingual call center support
- Team Challenges (available as add-on)
- Individual wellness challenges

